

# STOP



Do you want  
to stop  
smoking?

We can help  
you quit  
for good.

Nearly  
80% of  
Americans  
are smoke-  
free and  
more  
Americans  
have quit  
than are still  
smoking.  
Moreover,  
around  
75% of  
current  
smokers  
want to  
quit.!

**Please talk to your  
VA Mental Health provider today!**

smoking